

## INDIVIDUAL MICROWAVE MEALS

Sliced Beef with Gravy and Mashed Potatoes

Slow Roasted Ham with Scallop Potatoes

Haddock & Rice w/ Vegetables

Parmesan Crusted Salmon Alfredo w/Vegetables

Lemon & Herb Cod w/ Vegetables

Garlic Shrimp w/pasta & Vegetables

Oven Roasted Turkey with Mashed Potatoes

Shepherds Pie with Brownies

Pasta Chicken Alfredo w/ Vegetables

Penne & Meatball

Lazy Lasagna w/Ricotta

Buffalo Chicken Penne

Oven Roasted Chicken Breast with Mashed Potatoes

Chicken Balls w/ Vegetable Fried Rice

Lemon Chicken w/Vegetable Fried Rice

Sweet & Sour Pork w/ Vegetable Fried Rice

Swedish Meatballs with Egg Noodle

Macaroni & Cheese

Hot Hamburger with sautéed onions & Mashed Potatoes

Meatloaf with Mashed Potatoes

BBQ Chicken with Garlic Mashed

Pancakes with Sausage

Chicken Cacciatore

Honey Garlic Chicken w/ Garlic Mashed

Beef Stew

BBQ Ribs with Baked Beans

Seafood Pasta

Chicken Breast w/mushroom onion gravy & Green Beans

Perogies w/fried onions & bacon

Mushroom Ravioli w/ Alfredo sauce

Manicotti w/ Meatballs

Bangers & Mashed

Butter Chicken w/ basmati rice

Pork Loin w/ Mashed potatoes

Broccoli Stuffed Chicken W/ Roasted Vegetables

All Meals are \$7.50 each

Prices are subject to change without notice

**COME IN AND CHECK IT OUT!!**